

Steps to Complete **ATHLETIC CLEARANCE**

2025-2026 School Year

Complete these steps in the correct order or your Athletic Clearance will be delayed!

Step 1: Register on AthleticClearance.com

- Go to www.AthleticClearance.com
- Navigate to Saugus High School (CA) and register for the 2025-2026 school year
- Finish all pages or your registration will be incomplete
- Registration Opens May 1, 2025.

Step 2: Turn In Your Athletic Physical

- Complete a sports physical examination with a doctor (M.D) using the district-approved forms (attached)
- Drop off your physical forms in the Saugus High front office and take a picture for your records--just in case!

****The Athletic Training Department will announce when they will be hosting athletic physicals. Date/ Time TBA. ****

Please Note: Athletic Clearance has to be completed EVERY YEAR in order to be eligible to participate in Saugus Athletic Programs